

OCTOBER 2019

Mon	Tues	Wed	Thu	Fri
	1 Waffles	2 Breakfast Pizza	3 Biscuit & Sausage	4 Donut
	Taco Salad Shredded Lettuce Diced Tomatoes WG Tortilla Chips & Salsa Refried Beans Cinnamon Puffs Pineapple Tidbits	Chicken & Noodles Mashed Potatoes Green Beans WG Roll (6-12) Orange Smiles	Pig in a Blanket Potato Wedges Broccoli W/Cheese Apple Jello	Tater Tot Casserole Biscuit Salad Fresh Cauliflower Sliced Peaches
7 Cereal & Grahams	8 Pancake on a Stick	9 Breakfast Pizza	10 Biscuit & Egg	11 Muffin
Chicken Nuggets Mashed Potatoes & Gravy Fresh Broccoli WG Roll (6-12) Strawberries & Bananas	Chili WG Tortilla Chips Celery Sticks Cucumber Slices Cinnamon Roll Orange Wedges	Pulled Chicken on a Bun Criss Cut Potatoes Green Beans Tropical Fruit Salad Brownies	Macaroni & Cheese Meatballs Seasoned Peas Baby Carrots Sliced WG Bread Apple	Spaghetti and Meat Sauce Salad Seasoned Peas (9-12) French Garlic Bread Grapes
14 Cereal & Graham	15 Pancakes	16 Breakfast Pizza	17 Omelet	18 Flavored Bread
Hot Ham & Cheese on a Bun Potato Wedges Fresh Broccoli Grapes Cookie (9-12)	Pepperoni Pizza Tossed Salad Garlic Bread Stick Marinara Sauce Banana	COMMUNITY SERVICE DAY Hamburger on a Bun Chips Baby Carrots & Ranch Shredded Lettuce & Tomato Sliced Apples Rice Krispy Treat	Salisbury Steak Mashed Potatoes & Gravy Seasoned Peas WG Roll (6-12) Pineapple Tidbits	Chicken Pattie Mashed Potatoes & Gravy Green Beans Orange Wedges
21 Cereal & Grahams	22 French Toast	23 Breakfast Pizza	24 Breakfast Burrito	25 Donut
Cheese Chicken & Pasta Soup WG Roll (6-12) Fresh Broccoli Sliced Peaches Cookie	Corn Dog Salad Steamed Peas Apple	Chicken Quesadilla Pizza WG Tortilla Chips & Salsa Refried Beans Orange Wedges	Italian Dunkers Cheesy Bread Green Beans Sliced Cucumbers Mandarin Oranges	Biscuit & Gravy Scrambled Eggs Sausage Pattie (6-12) Hash Brown Juice Grapes
28 Cereal & Grahams	29 Breakfast Bites	30 Breakfast Pizza	31 Biscuit & Sausage	
Chicken Tetrassini Salad Steamed Carrots French Garlic Bread Fresh Fruit	BBQ Rib on a Bun Shredded Lettuce Sliced Tomato Tri Tater Green Beans Kiwi Cherry Crisp (6-12)	Crazy Lasagna Salad Garlic Roll Apple Tomato Wedges (9-12)	Chicken Nuggets Potato Wedges Fresh Broccoli Corn Sliced Bread & Jelly or Honey Sliced Peaches Cookie	BECAUSE OF NEW STATE RULES & REGULATIONS THERE WILL BE TIMES WHEN SOME OF THE GRADES WON'T GET EVERYTHING THAT OTHER GRADES WILL GET. IT HAS BEEN DIVIDED INTO K-5, 6-8 & 9-12 THANKS FOR UNDERSTANDING